

Hubert Eaton Scout Reservation 2025 Cub Scout Winter Adventure Weekend



Dear Young Campers,

Prepare yourselves for an extraordinarily frosty escapade filled with fun, crafts, and adventure like never before! We are thrilled to extend a warm welcome to the much-anticipated Cub Scout Winter Camp Adventure Weekends for 2025.

Prepare to create memories that will last a lifetime, and forge friendships as strong as the bond between your fellow Scouts. Cub Scout Winter Camp Adventure Weekends 2025 promises a unique blend of winter magic that you absolutely can't afford to miss. We welcome you for a weekend that promises to be filled with fun and excitement.

Welcome to our Winter Wonderland!

Yours in Scouting,

Charlie Sheen | **HESR Camping Director**

Greater Los Angeles Scouting

Tire Chains! Tire Chains!

Every vehicle must have tire chains. The California Highway Patrol may require them to go up hill. You may need them on your vehicle to get into camp. The Camp Ranger will advise you on arrival. Icy conditions may exist even without recent snow. Weather conditions change rapidly. You may not need chain to get in but may need them to get out of camp.

We have a parking area at the camp entrance. If chains are required to enter camp, they may be put on there.

The camp will notify should these conditions exist.

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Camp Contact Information

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Council Camping Administrative

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Cushman Watt Scout Center

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Program Description

Winter Camp operates from January to February each year. Scouts participate in all activities at their leisure for the weekend.

Program Rotations:

Winter Ballistics (BB Guns): An exciting outdoor adventure where tiny, bb's made of copper zip through the cold air, like little rockets, aiming for targets and testing your aim and precision, all while learning about **physics** and having fun!

Snow Arrowcraft Adventure (Archery): An engaging winter exploration of **projectile motion**, where you use a bow to launch arrows through the cold air, learning how forces like **tension, gravity, and air resistance** affect their flight, all while improving focus and coordination!

Climb Mount Pollock (Climbing Wall): An exciting challenge where you use **strength, balance, and problem-solving** to scale a "Mount Pollock". It's a real-life experiment in **force and friction**, as your muscles work against gravity and you carefully place your hands and feet on holds to move upwards, all while improving **coordination and spatial awareness**.

Bead Chemistry Craze: A creative exploration of **thermal bonding** where colorful beads are arranged on a grid and then fused together by heat. This hands-on experiment demonstrates how heat energy causes the plastic to change shape, creating intricate patterns and designs while teaching concepts of **material properties** and **molecular structure** in a fun and artistic way.

Frostball Challenge: Ice bowling is a cool way to explore how things move! When you roll the ball on ice, there's less **friction**, so it slides super fast and smooth—just like a skateboard on a slick surface. As the ball rolls, **energy** is transferred from your hand to the ball, making it speed toward the pins. It's like a science experiment where you get to play and see how **forces** and **slippery surfaces** change how things move!

Frost Rockets: Pop rockets are mini experiments in **chemical reactions** and **pressure**! When you have a **chain reaction** inside the rocket canister, it creates a fizzing reaction that builds up **gas pressure** inside. As the pressure gets stronger, it pushes the rocket into the air, showing how **energy** can move objects. It's like a tiny, safe version of a rocket launch!

GlitterGlass Creations: These winter creations made from glue and dish soap demonstrate a fun interaction of **viscosity** and **surface tension**. Together, they create a **flexible**, reusable design that sticks to windows without leaving any residue, offering a **hands-on** experiment in how materials interact to form **temporary bonds**.

Molecular Marshmallow Modeling: Marshmallow atom modeling is a fun and edible way to explore **atomic structure** and **molecular bonding**! By using marshmallows as atoms and toothpicks as bonds, you can create models of different molecules, learning about the arrangement of **protons, neutrons, and electrons** in atoms, as well as how atoms come together to form **compounds**. It's a hands-on way to visualize how atoms connect through **covalent bonds** and create larger structures!

Camp Pollock Snow Play (Optional/Weather Dependent): Snow play is an interactive way to explore **physical states** and **thermal energy**. Playing in snow is like exploring the science of **phase changes** and how water behaves in its solid form!

Science Presentations:

Frostbite Foam Explosion (Elephant Toothpaste): Elephant toothpaste is a spectacular demonstration of **catalysis** and **exothermic reactions**! This reaction shows how molecules can break apart and release energy, much like a snowstorm's rapid build-up of energy and release. It's a winter wonderland of science in motion!

Frosty Fusion (Make Your Own Ice Cream): Making ice cream is a delicious demonstration of **temperature change** and **state transitions**. It's like creating your own frosty wonderland as you see the ingredients go from a creamy liquid to a smooth, cold treat!

Additional Program Activities:

Winter-tastic Movie: Grab your coziest blanket, a mug of hot cocoa, and settle in for a night of snowy adventures and heartwarming stories. From magical winter landscapes to cozy fireside moments, this movie marathon will take you on a journey through the chill of winter, warming you from the inside out with laughter, wonder, and a little bit of winter magic.

Atomic Boogie Party: Prepare to mix, move, and groove at the ultimate Atomic Boogie Party! This party is where the **laws of physics** meet the beat of the music. From **kinetic energy** fueling your moves to the **electrons** of excitement buzzing through the air, we're dancing through the **elements** of fun! Get your lab coats and dance shoes on because it's time for a night of atomic rhythms, molecular moves, and fizzy fun—where science and music collide in the coolest way possible!

Twilight Hike/Observatory Tour (*Weather Dependent*): Embark on an unforgettable twilight hike, where the fading light of day meets the quiet beauty of nature as night begins to fall. As you wander through the trails, you'll experience the changing colors of the sky and the peaceful transition into evening. Then, head to the observatory for an awe-inspiring tour of the stars. With expert guides, you'll discover constellations, planets, and the wonders of the night sky, all while soaking in the peaceful magic of the twilight hour. It's the perfect blend of adventure, nature, and celestial discovery!

Igniting Imagination Campfire: Gather around the glowing embers of the Igniting Imagination Campfire, where stories come to life and creativity sparks with every crackle of the fire. As the flames dance, let your imagination soar—whether you're sharing legends, crafting wild tales, or simply gazing at the stars. It's a night of storytelling, laughter, and inspiration, where every flicker ignites a new idea and every shadow tells a story. Bring your wildest dreams, and let the fire fuel your imagination!

Adult Leader Cracker Barrel: Join us for a cozy and engaging **Adult Leader Cracker Barrel**, where seasoned leaders gather around to share stories, experiences, and ideas in a relaxed, friendly environment. Enjoy delicious snacks, deep conversations, and collaborative brainstorming as we exchange wisdom and strategies for empowering the next generation of leaders. It's the perfect opportunity to connect, reflect, and recharge—because great leadership begins with great conversations.

Dew-morning Nature Hike: Start your day with a refreshing **Dew-morning Hike**, where the crisp morning air and glistening frost create the perfect setting for an adventure. With each step, you'll learn about the unique plants and animals that thrive in the cold, all while soaking in the peaceful serenity of the season. It's a perfect way to embrace the magic of winter and reconnect with the great outdoors!

Program Schedule

Snow Schedule: Subject to change

Cub Scout (Snow) Schedule					
Friday		Saturday		Sunday	
		7:00 AM	Wake Up	7:00 AM	Wake Up
		7:50 AM	Morning Flags	7:50 AM	Morning Flags
		8:00 AM - 9:00 AM	Breakfast	8:00 AM - 9:00 AM	Breakfast
4:00 PM		9:00 AM - 10:00 AM	Rotation 1	9:00 AM - 10:00 AM	Dew-morning Nature Hike
		10:15 AM - 11:15 AM	Rotation 2	10:00 AM - 12:00 PM	Check-In and Departure
5:50 PM	Evening Flags	11:30 AM - 12:30 PM	Rotation 3		
6:00 PM - 7:00 PM	Dinner	12:30 PM - 1:30 PM	Lunch		
7:00 PM - 7:30 PM	Adult Leader Meeting	1:30 PM - 1:45 PM	Science Presentation 1 (Elephant Toothpaste)		
7:30 PM - 9:00 PM	Movie Night	2:00 PM - 3:00 PM	Rotation 4		
9:00 PM - 10:00 PM	Cabin Time	3:15 PM - 4:15 PM	Rotation 5		
10:00 PM	Lights Out	4:30 PM - 5:30 PM	Rotation 6		
		5:50 PM	Evening Flags		
		6:00 PM - 7:00 PM	Dinner		
		7:00 PM - 7:15 PM	Science Presentation 2 (Frosty Fusion)		
		7:30 PM - 8:15 PM	Atomic Boogie Party		
		7:30 PM - 8:00 PM	Adult Leader Cracker Barrel		
		8:15 PM - 9:00 PM	Igniting Imagination Campfire		
		9:00 PM - 10:00 PM	Cabin Time		
		10:00 PM	Lights Out		

No-Snow Schedule: **Subject to change**

Cub Scout (No Snow) Schedule					
Friday		Saturday		Sunday	
		7:00 AM	Wake Up	7:00 AM	Wake Up
		7:50 AM	Morning Flags	7:50 AM	Morning Flags
		8:00 AM - 9:00 AM	Breakfast	8:00 AM - 9:00 AM	Breakfast
4:00 PM	Arrival and Check In	9:00 AM - 10:00 AM	Rotation 1	9:00 AM - 10:00 AM	Dew-morning Nature Hike
5:50 PM	Evening Flags	10:15 AM - 11:15 AM	Rotation 2	10:00 AM - 12:00 PM	Check-In and Departure
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		6:00 PM - 7:00 PM	Dinner		
		7:00 PM - 7:15 PM	Science Presentation 2 (Frosty Fusion)		
		7:30 PM - 8:15 PM	Twilight Hike/Observatory		
		7:30 PM - 8:00 PM	Adult Leader Cracker Barrel		
		8:15 PM - 9:00 PM	Igniting Imagination Campfire		
		9:00 PM - 10:00PM	Cabin Time		
		10:00 PM	Lights Out		

Additional Courses- Adults Only

Adult Leader Training Courses		
Class	Time Block	Location
Basic Adult Leader Outdoor Orientation (BALOO) Training	Saturday (9:00 AM - 5:30 PM)	Schnabel Family Museum / Adult Leaders Lounge
Committee Chair & Committee Member Training- Pack	Saturday (2:00 PM - 3:00 PM)	
Fishing Basics Training	Saturday (3:15 PM - 4:15 PM)	
DEI In Scouting Training	Sunday (9:00 AM - 10:00 AM)	

General Information

Check- In Procedure: The camp staff will be prepared to check in units beginning at 4:00 PM on Fridays. Arriving units will send a representative to the admin to check in. The camp administration will collect medical forms, unit rosters, and any unpaid registration and merit badge fees. Vehicles will be permitted to drive to the lodges to unload gear. Vehicles will not be allowed to remain at the lodges during the weekend. All vehicles will be moved to the parking area and must have a permit displayed. You must have an ADA placard to park in the ADA spaces. If you are unable to arrive on Friday night, you can check-in Saturday morning by 8:00 AM with the understanding that you must let the administration team know in advance and the price will stay the same.

Early Arrival: **Early arrival at Winter Camp is not permitted.** All participants will check-in on Friday. Check-in will begin at 4:00 PM. Early arrivals have been allowed in the past but not this year. This is due to new National BSA camping standards. The Winter Camp leadership team appreciates your understanding on this matter.

Health Forms: Everyone – youth and adults – must have a current copy of their health form. Please keep the original health form for troop records. Participants staying for the weekend must bring a copy of their BSA Medical Form parts A and B. This form must be signed by the parents. A copy of the insurance card must be attached to the BSA Medical Form. In addition, each person must complete the Health Screening form within 24 hours of arrival to camp and bring it with the other required forms. Anyone attending for a single day only needs parts A and B and a health screening form. All injuries and ailments must be reported to the Camp Health Officer. Scouts or adults who do not have their medical forms or a copy of their insurance card cannot attend camp programs. BE PREPARED. **Please double-check the medical forms for parent signatures and make copies of all medical forms before arrival at Winter Camp.**

Medications: Any prescriptions on the camp property must be reported and locked up. Medications should be locked up and administered by the unit leader in camp. In some cases, medications can be locked up and administered by the Camp Health Officer. Emergency medications (epi-pen, immediate allergy relief, inhalers, etc.) should always be kept on the users and will not be locked up.

Visitors: All visitors must check in and out at camp admin. Visitors will be given visitor identification. Visitors to camp are welcome to eat with us. There is a \$10-dollar charge for visitors' meals. This can be paid at Camp Admin or the Trading Post. A COVID screening might be necessary for visitors depending on the policy in place during Winter Camp. **Visitors are not permitted to stay overnight.**

Transportation: While driving in camp, please observe the posted speed limit of 15 miles per hour during the day, 10 miles per hour at night or low visibility. Each unit is responsible for the safe transportation of its members to and from camp. Transporting Scouts or adults in the bed of a pickup truck or trailer, whether covered or uncovered, is against National BSA policy. Some merit badge classes will go off-site to fulfill requirements. Groups that leave on these field trips will be transported by chartered school bus or by camp volunteers in privately owned vehicles. The vehicles will be properly registered and in good mechanical condition. Vehicles will be permitted to drive to the Pollock Lodges to unload gear during check-in. Vehicles will not be allowed to remain at the Lodges during the weekend. All vehicles will be moved to the parking area.

Pet Policy: Participants and visitors are not permitted to bring dogs or any other animals to Winter Camp except verifiable service animals for those who require it.

****You must provide proof of training from a recognized service animal training provider. In addition, the animal must have visited a veterinarian within 45 days of arrival at camp and have complete up-to-date medical and vaccination records. A statement from a veterinarian stating the animal has no known zoonotic diseases and is of temperament to be unaffected in its abilities to do its trained tasks when exposed to the camp environment which at times can subject the animal to visual and auditory input such as crowd running, bike riders, gunshots, and other non-typical stimuli.*

Bikes in Camp: Bikes are not permitted during winter camp at Hubert Eaton Scout Reservation

Winter Weather: As you know, the weather in Southern California in January- March is very unpredictable. It could be 70 degrees, or it could be 20 degrees. Most likely it will be in the 30's or 40's and snowy. The best thing to do is to "Be Prepared." When camping in the winter, it is important for the Scouts to be dressed for the weather and to stay dry. They should have layers of insulation. Ensure that the Scouts have what they need. There is an equipment checklist at the end of the leaders' guide to help them pack.

Check Out Procedure: Check-out for units and provisional Scouts will be held on Sundays. We will also have a closing ceremony during Lunch on Sundays. There is a lot of work to do to break down and clean up camp. Any help before leaving camp is appreciated! Vehicles will be permitted to drive to the lodges again to pick up equipment. Once the unit is clear from the area, the leaders should inform the staff so that a final inspection can be performed. The cost of any damage caused will be charged to that unit or provisional Scout. Once the unit or provisional Scout is ready to leave, they must check out at camp admin.

Lodging: Lodges will be assigned by your check in to camp. Each lodge is equipped with 4 rooms, 2 rooms of 12 and 2 rooms of 8. All lodges additionally contain a refrigerator, gas stove, central heating and 3 toilets, and 3 Showers. All Camp buildings and sleeping cabins are heated.

Tire Chains! Tire Chains!

Every vehicle must have tire chains. The California Highway Patrol may require them to go up hill. You may need them on your vehicle to get into camp. The Camp Ranger will advise you on arrival. Icy conditions may exist even without recent snow. Weather conditions change rapidly. You may not need chain to get in but may need them to get out of camp.

We have a parking area at the camp entrance. If chains are required to enter camp, they may be put on there.

The camp will notify should these conditions exist.

Sledding Policy and Procedures

General Policy

1. Only one person per saucer or foam toboggan. Only one person at a time.
2. Maximum occupancy for sledding activity will be limited to 50 participants.
3. Camp issued or approved helmets must be worn while sledding at all times.
4. When riding an approved sledding apparatus, you must ride with your feet first.
5. When returning to the top of the hill walk up the trail and not on the sledding hill.
6. Units should be able to communicate with each other so that the hill is clear.
7. At the top of the hill wait until you are cleared before going down the hill.
8. Only approved sledding apparatus is to be used.
10. There are to be a minimum of two adults always supervising the hill.
11. As soon as you stop at the bottom of the hill move quickly out of the way.
12. Do not build jumping ramps.

II. Policy for Groups/Units Using Facility Other Than Winter Camp

1. Council to inform group/Unit whether they have permission to use or not use the sledding hill.
2. Give the group a copy of the General Policy instructions listed above.
3. A leader from the group/unit signs the information sheet acknowledging their understanding of and commitment to enforce the policy.
4. Prior to using the hill an adult is to walk the trail and sledding hill to ensure that it is safe to use.
5. The group/unit leader is to share the General Policy instructions with all participating youth and adults.

Examples of what **not** to bring!

Skis, inflatable inner tubes, railed toboggans & snowboards are not allowed on Pollock Camp Sled Hill.

Examples of what you can bring!

Plastic saucers.

Sledding Tube Rental:

We will have 10 BSA approved snow tubes that are available to rent for \$5 per hour. You can rent these from the Trading Post while at camp. Only one person per tube is allowed at a time.

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Speedy Check In Form

When you arrive at camp, your first step to checking in is to present the Camp Director your Speedy Check-In Binder. Your three-ring binder will help you organize and assist you as you prepare for your week at camp. Most of these documents can be found in the Appendix. Please use the print-out version of this form for your actual binder.

Please have these items in the order listed below.

_____ **Current copy of your Troop/Crew registration and fees paid.**

_____ **Attendance Roster**

_____ **Completed Food Allergies and Intolerances Form submitted in Black Pug (Must be submitted 15 days prior to your unit's arrival)**

_____ **Routine Drug Administration Record for each participant who has medications listed in their Annual Health and Medical Record Part B2**

_____ **California Shooting Sports Parental/Legal Guardian Permission**

_____ **Scout/Leader Participation Permission Form**

_____ **San Bernardino County Health Screening Form**

_____ **BSA Medical Forms A, B**

2025 Food Allergies and Intolerances Form

Allergies and special diets are a common concern of our camp participants. Our food service providers are experienced with accommodating most diets, including food allergies, religious restrictions, and other health-related diets. While we work to meet all dietary requirements, food is prepared in an area with milk, egg, peanut, tree nut, wheat, soy, and fish and cross contamination can occur. Upon arrival at camp, and prior to the first meal eaten, it is the participants' responsibility to identify themselves to our staff, and to cooperate in helping us meet their needs. Refrigerated spaces are provided for those wishing to bring their own foods. No discount will be provided for individuals not eating from the provided menu. Menus will be posted online two weeks prior to this participant's camp date. This form should be submitted to the camp 30 days prior to check-in. Failure to do so will result in extra charges. Please email it to charlie.sheen@scouting.org. Scouting of America, Greater Los Angeles Area Council makes every attempt to identify ingredients that may cause allergic reactions for those with food allergies. Every effort is made to instruct our food production staff on the severity of food allergies. However, there is always a risk of contamination. Participants with food allergies need to be aware of all the risks. Food production staff will not assume any liability for adverse reactions to foods consumed, or items one may meet while eating. By signing this, I am certifying I understand the disclaimers contained in this form and I verify the information provided is correct and true.

Participants Information

Name: _____ Unit #: _____ Weekend Attending _____

Food Allergies:

Please describe all food allergies that will create dietary restrictions for this participant. Be as specific as possible.

Food Intolerances

Please describe all food intolerances that will create dietary restrictions for this participant. Be as specific as possible.

Dietary Needs Questionnaire

What are the participant's preferred food substitutions, if any (i.e soy butter for peanut butter, gluten-free breads, soy milk)?

What type of contact will cause a reaction? Airborne _____ Trace Cross Contact _____ Ingestion _____

Is there any other information you would like to share to help us meet this participant's needs?

Participant (if over 18)/Parent/Guardian Signature/ Date: _____

Winter Camp Release Form

Name: _____ Camp dates: _____

Address: _____ City: _____

State: _____ Zip: _____ Phone (____) _____ - _____ Email: _____

TALENT RELEASE Parent or Guardian initial

I hereby assign and grant to the Greater Los Angeles Area Council - Scouting America has the right and permission to use and publish the photographs/film/video tapes/electronic representations and/or sound recordings made during my stay for the week/weekend by the Greater Los Angeles Area Council - Scouting America, and I hereby release the Greater Los Angeles Area Council - Scouting America from any and all liability from such use and publication.

I hereby authorize the reproduction, sale, copyright, exhibit, broadcast, electronic, storage, and/or distribution of said photographs/film/video/electronic representations and/or sound recordings without limitation at the discretion of the Greater Los Angeles Area Council - Scouting America and I specifically waive any right to any compensation I may have for the foregoing.

Please note that the activities listed below may or may not be available to your child while at Hubert Eaton Scout Reservation Winter Camp and are dependent on weather conditions and staff availability. Parent permission is required.

WINTER SLEDDING ACTIVITIES Parent or Guardian initial

I hereby grant the above-named permission in the participation of the Greater Los Angeles Area Council organized sledding activities.

CLIMBING ACTIVITIES Parent or Guardian initial

I hereby grant the above-named permission in the participation of the Greater Los Angeles Area Council certified instructor-led climbing programs including Climbing Wall, Indoor Rock Wall, High and Low COPE courses.

ARCHERY Parent or Guardian initial

I hereby grant the above-named permission in the participation of the Greater Los Angeles Area Council certified instructor-led Archery Program.

CUB SCOUT SHOOTING SPORTS Parent or Guardian initial

I hereby grant the above named minor permission as required by California Penal Code Section 12552 to the Scouting America, Greater Los Angeles Area Council, and to the instructors certified by the Greater Los Angeles Area Council meeting the requirements for instructors established by the Scouting America (national,) to furnish a BB Gun (rifle) with BBs to said minor for the purpose of instruction in the safe handling of firearms, safe shooting, and marksmanship.

SCOUT FIREARMS PERMISSION Parent or Guardian initial

I hereby grant the above named minor permission as required by California Penal Code Section 12552 to the Scouting America, Greater Los Angeles Area Council, and to the instructors certified by the Greater Los Angeles Area Council meeting the requirements for instructors established by the Scouting America (national,) to furnish a Shotgun, .22 Rifle, Black Powder Rifle, Air Rifle, Pellet Gun, or CO2 gun with ammunition to said minor for the purpose of instruction in the safe handling of firearms, safe shooting, and marksmanship.

HOLD HARMLESS AGREEMENT: I do further agree to indemnify and hold harmless the Scouting America, Greater Los Angeles Area Council and all officers, members, employees, and volunteers thereof, from all suits of actions brought for, or on account of, any injuries or damages received or sustained by any person(s) by or from the consequences of any negligence, dangerous condition or any act of omission from any of the activities.

Participant (if over 18)/Parent/Guardian Signature: _____

Date: _____

Winter Camp Suggestions

1. **BODY CLOTHING:** Wear many light layers rather than one heavy layer. That way you use the “air layer” in between. To keep this insulation, it is important that your clothing be loose fitting. This layer system might be thermal underwear, cotton shirt, wool shirt, sweater and wind jacket. This is the best way because when you play hard in the snow, you can peel layers off, then when you stop and start to cool off you can just layer them back on.
2. **HEADGEAR:** Anything will do if it will keep your head and ears warm and will not blow off. Stockings, beanies or watch caps are best because you can wear them when you sleep too
3. **YOUR NECK:** You lose a great deal of warmth out of your collar. Scarves or dickies are important. A turtleneck sweater is good too. One of the best things is a hooded parka or a sweatshirt with a hood.
4. **YOUR WRISTS:** Wrist covers are important to your warmth. You lose it at the wrists just as you do at the neck. The cover can be long mitten tops, part of your sleeves or separate knitted wristlets.
5. **MITTENS OR GLOVES:** Keep those fingers warm. Mittens are best for this, but gloves also work. Highly recommended that you bring 2 pairs if available in case one gets wet.
6. **PANTS:** Wool is best. It even keeps you warm when it is wet. No matter what you wear, however, you must bring at least two extra pairs. (One to change into when the first one gets wet: the second for a warm and dry ride home.)
7. **YOUR FEET:** You need boots! If you cannot wear any, bring two extra pair of shoes. Tennis shoes are not recommended, but if you have nothing else, bring plastic bags to place over your shoes with rubber bands to hold them on. If you have boots, you should waterproof them with any kind of waterproofing available at surplus or shoe repair stores.
8. **SOCKS: BRING SEVERAL PAIR OF SOCKS.** Even if you think you don't need to, you should put on a clean dry pair at night when you undress.
9. **YOUR EYES:** You should bring sunglasses. The sun reflecting on the snow can be strong enough to hurt your eyes.

Items to bring to Camp

- Clean Socks & Underwear
- Pajamas, Slippers & Robe
- Snow boots or Waterproof Shoes
- Toiletries
- Towel, Shower Shoes
- Sleeping Bag, Pillow or bedding and blankets
- Warm Jacket or Sweater, Beanie, Gloves
- Lip Balm, Sunscreen or Lotion
- Emergency Rain Poncho
- Flashlight
- Water bottle

Items to bring to Camp *Continued*

- Plastic disc or sliders (no sleds with metal railings)
- Person Camp Chair
- Sheet or Mattress Cover
- Camera

TIP: In colder months it is best to dress in layers. Always remember to drink plenty of water especially when you are in higher elevations. There is no storage space in the sleeping rooms aside from sleeping gear we ask that you limit your personal items to one bag per person.

10. **SLEEPING COMFORT:** We'll be sleeping on bunk beds with mattresses: Bring a Pillow and sleeping bag or sheets and two to three blan