



Climbing/COPE Level I/II Instructor Training

The Quapaw Area Council will be offering Level I Climbing/COPE Instructor training in a combined format. Troop and Crew Leaders will have the opportunity to hone their climbing and rappelling skills, learn about COPE processes and have a great time. The Level I/II Instructors program is 35 hours and will be conducted over two weekends. Minimum age is 16. **Class size is limited to 30 participants.**

Instructors Training – Foundations (Climbing/COPE) (Fee \$20)

September 13th, 14th and 15th at Gus Blass Scout Reservation in Damascus, Arkansas

Instruction will begin at **7:00pm** Friday and will continue till Sunday afternoon. This course will cover the basics of climbing and rappelling, introduction to the COPE Course and Facilitation. We will cover Climb on Safely, Climbing MB, National Standards, ACCT and much of the *BEALY ON* Manual. Meals will be provided and cooked as a group. Class work will be in the **Bowen Lodge**, w/ camping in short term by the Lake.

Prerequisites:

- Currently registered Scout or Leader and at least 16 years old, or approval.
- BSA medical form (parts A, B & C)
- Good physical condition
- Ability to tie a knot
- Read over Belay On (study before hand)
- A burning desire to learn!

Climbing Instructors Training – Part B and Level II (Fee \$20)

November 1st – 3rd at Sam's Throne near Lurton, Arkansas

Instruction will begin Friday night at the camp fire and will continue through lunch on Sunday. Meals will be provided for instructors only. Camping will be near the climbing area. This course will continue your training on natural rock. There will be lots of time to instruct and practice what you learned in your Foundations class. We will be evaluating you, so get involved. Level II can be completed and or re-evaluated.

COPE Instructors Training – Part B (Fee \$20)

November 8th - 10th at Gus Blass Scout Reservation in Damascus, Arkansas

Instruction will begin at 7:00pm Friday and will continue through lunch on Sunday. Class work will be in the **Bowen Lodge**, w/ camping in short term by the Lake. This is a regular COPE weekend and new instructors will be facilitating.

Please sign up at quapawbsa.org or fill out the attached form and **return** to Quapaw Area Council, 3220 Cantrell Road, Little Rock, 72202.

For questions please contact:

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Climbing/COPE Level I/II Instructor Training

Registration Form

Name: _____

Age: _____

Address: _____

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Phone #'s: _____

E-mail: _____

Troop/Crew Affiliation: _____

___ **Climbing/COPE - Foundations.....\$20**
(Sept 13-15 – Blass SR)

___ **Climbing On Rock – Part B\$20**
(Nov 1-3 – Sam’s Throne)

___ **COPE Level B.....\$20**
(Nov 8-10 – Blass SR)

___ **Returning Instructors.....\$20**

Both weekends courses are very much hands on and will require all participants to demonstrate specific skills including knots, spotting, belaying, climbing and rappelling. The intent is to provide you with the basic skills to become a Level I Instructor/Facilitator.

There is inherent risk in climbing and rappelling. With proper leadership and training the risk can be minimized. It is still the responsibility of each unit to determine if the leadership has the qualifications and training necessary to conduct a climbing or rappelling activity.

- Personal Camping Equipment (Tent, sleeping bag, chair)
- Personal eating items (Cup, plate, bowl – no disposables please)
- BSA Activity uniform
- Other clothing appropriate for the weather
- Hiking boots/shoes (no open toes)
- Belay ON – Copies available online, at the Council Office or at the course.
- Climbing Merit Badge book– Copies available at the Council Office
- Climb on Safety Guidelines– Copies available at the Council Office
- Personal climbing equipment is limited to harness, helmet and shoes.
- Sun Screen, water bottle
- Headlamp

Sign up at: quapawbsa.org/calendar

