



# Family Life

## Merit Badge Workbook



This workbook can help you but you still need to read the merit badge pamphlet and any course information document. A free copy of the merit badge pamphlet can be found at <https://www.scouting.org/merit-badges/citizenship-in-the-world>

This workbook was updated in July 2025.

Scout's Name: \_\_\_\_\_ Unit \_\_\_\_\_ Date Started \_\_\_\_\_

Counselor's Name: \_\_\_\_\_ Phone No.: \_\_\_\_\_ Email: \_\_\_\_\_

1. Prepare an outline on what a family is and discuss this with your merit badge counselor.

Tell why families are important to individuals and to society.

### Individuals:

## Society.

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Discuss how the actions of one member can affect other members.

2. List several reasons why you are important to your family and discuss this with your parents or guardians and with your merit badge counselor. (fill this section out and also submit form below)

3. Prepare a list of your regular home duties or chores (at least five) and do them for 90 days. Keep a record of how often you do each of them. (see chart template below)

Chore 1	
Chore 2	
Chore 3	
Chore 4	
Chore 5	
Chore 6	

(See the sample Home Chore Chart at the end of this workbook.)

Discuss with your counselor the effect your chores had on your family.

- With the approval of your parents or guardians and your merit badge counselor, decide on and carry out a project that you would do around the home that would benefit your family.

Submit a report to your merit badge counselor outlining how the project benefited your family.

5.  Plan and carry out a project that involves the participation of your family.

After completing the project, discuss the following with your merit badge counselor:

a. The objective or goal of the project

b. How individual members of your family participated

### c. The results of the project

6. Do the following:

- a. Discuss with your merit badge counselor how to plan and carry out a family meeting.
- b. Prepare a meeting agenda that includes the following topics, review it with your parents or guardians, and then carry out one or more family meetings: (see form below)
  1. How living the principles of the Scout Oath and Scout Law contributes to your family life
  2. The greatest dangers and addictions facing youth in today's society (examples include use of tobacco products, alcohol, or drugs and other items such as debts, social media, etc.)
  3. Discuss with a parent or guardian how bodily changes can affect the choices you make as you physically and mentally mature. (This can be done in private, not in a family meeting.)
  4. Personal and family finances
  5. A crisis situation within your family
  6. The effect of technology on your family
  7. Good etiquette and manners:

Discussion of each of these subjects will very likely carry over to more than one family meeting.

7. Discuss with your counselor your understanding of what makes an effective parent

And why,

And your thoughts on the parent's role and responsibility in the family:

**FAMILY LIFE PREREQUISITE FORM**

Send signed form to the merit badge counselor

SCOUT FULL NAME: \_\_\_\_\_

TROOP: \_\_\_\_\_ BSA Member ID: \_\_\_\_\_ COUNCIL: \_\_\_\_\_

**MERIT BADGE: FAMILY LIFE – Requirements: 2 and 6b**

The Scout named above realizes that certain designated Merit Badges cannot be completed during the merit badge clinic unless prerequisite requirements are met before attending. The Scout also realizes that **this form must be completed correctly, signed and sent to the Merit Badge Counselor** as verification that the prerequisite requirement(s) have been met. The MBC can then sign the Merit Badge upon successful completion of the course.

I certify that the above-mentioned Scout has met the following Merit Badge requirements:

2. List several reasons why you are important to your family and discuss this with your parents or guardians. The Scout should also fill out the worksheet and submit the answers to the merit badge counselor.

6b. Carried out a family meeting on the following topics:

1. How living the principles of the Scout Oath and Scout Law contributes to your family life
2. The greatest dangers and addictions facing youth in today's society (examples include mental health challenges, use of tobacco products, alcohol, or drugs and other items such as debts, social media, etc.)
3. The growing-up process and how the body changes, and making responsible decisions dealing with sex. This conversation may take place with only one parent or guardian.
4. Personal and family finances
5. A crisis situation within your family and who you can turn to for support during these situations.
6. The effect of technology on your family
7. Good etiquette and manners

By signing below, I verify that the above prerequisite requirements have been completed.

Parent or Guardian Signature: \_\_\_\_\_

Parent or Guardian Printed Name: \_\_\_\_\_

## Sample Home Duty or Chore List

Duty 1								Duty 2							
Duty 3								Duty 4							
Duty 5								Duty 6							

Week:								Week:								Week:							
Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Duty 1								Duty 1								Duty 1							
Duty 2								Duty 2								Duty 2							
Duty 3								Duty 3								Duty 3							
Duty 4								Duty 4								Duty 4							
Duty 5								Duty 5								Duty 5							
Duty 6								Duty 6								Duty 6							

Week:								Week:								Week:							
Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Duty 1								Duty 1								Duty 1							
Duty 2								Duty 2								Duty 2							
Duty 3								Duty 3								Duty 3							
Duty 4								Duty 4								Duty 4							
Duty 5								Duty 5								Duty 5							
Duty 6								Duty 6								Duty 6							

Week:								Week:								Week:							
Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Duty 1								Duty 1								Duty 1							
Duty 2								Duty 2								Duty 2							
Duty 3								Duty 3								Duty 3							
Duty 4								Duty 4								Duty 4							
Duty 5								Duty 5								Duty 5							
Duty 6								Duty 6								Duty 6							

Week:								Week:								Week:							
Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Duty 1								Duty 1								Duty 1							
Duty 2								Duty 2								Duty 2							
Duty 3								Duty 3								Duty 3							
Duty 4								Duty 4								Duty 4							
Duty 5								Duty 5								Duty 5							
Duty 6								Duty 6								Duty 6							

Week:							
Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Duty 1							
Duty 2							
Duty 3							
Duty 4							
Duty 5							
Duty 6							

Enter the dates for the weeks across the top of each block.

Under the day of the week the duty is performed, enter a check mark or X next to the duty number. Each duty may not need to be done each day.

Your parent or guardian may want to initial this chart each time duties are completed.