



R-C SCOUT RANCH

Cub Scout Resident Camp

PARENT & LEADER GUIDE

WELCOME

Cub Family Adventure Camp at R-C Scout Ranch is the premiere Cub Scout Resident Camp in Arizona. Owned and operated by Grand Canyon Council BSA. R-C Scout Ranch is located east of Payson, on the banks of Christopher Creek. Our summer program is the perfect opportunity for Cub Scouts, their families, and leaders to enjoy nature, participate in Cub Scout activities, work on rank advancement, and learn outdoor skills while having fun with the entire family or den.

Contact us at: rcscoutcamp@gmail.com

Camp Director: Nicole Johnson 480-487-7446

Facebook Page: <https://www.facebook.com/RCSoutRanch>

Webpage: <https://r-cscoutranch.org/>



OVERVIEW

Theme, Expectations, Attendees

2023 Camp Theme

OCEAN ADVENTURE at R-C

There are several different options for your Cub Scouts to experience Ocean Adventures at R-C. Come and enjoy a 3- or 4-day session; or one of our specialty horse-centered sessions for those that want to experience trail rides and fun!



What should I expect at Camp?

1. To come away with an enhanced bond between fellow Scouts and family members.
2. Parents and leaders will assist children with relationship building skills; learning to work and play together.
3. Scouts will learn to creatively express themselves, free of judgement.
4. Scouts will learn to enhance social skills, cooperation, and communication with family and friends through things like campfire skits, outdoor camping, and team building events.
5. Camp allows for a growth in confidence reinforced by success in accomplishing challenging activities like shooting sports, friendly competition, and horseback riding.

Who can attend Cub Family Adventure Camp?

Cub Scout Resident camp is an inclusive camp for the entire family. While our focus is on the Cub Scout and their parent(s), our program can also accommodate grandparents, cousins, and siblings **5 years and older**. Please understand that our programming is **not designed for siblings under 5 years old**. It is suggested that other plans are made for their care while parent(s) are at camp.

How does my family attend camp?

There are three ways to attend:

1. Parent-child partnership—where a parent accompanies their Scout to camp.
2. Family camping—where Scouts attend with their parent(s) & sibling(s).
3. Unit camping—Lion and Tiger Cubs must maintain a ratio of 1 Cub to 1 adult in all activities.

REGISTRATION, SESSIONS & FEES

How do we register to attend the R-C Cub Adventure Camp?

Registration is available online at www.r-cscoutranch.org/summer-camps

If you have any trouble with registration, please contact gcc.program@scouting.org.

When are the sessions of camp?

Traditional Camp Sessions

DATES	LENGTH	PRICE*
June 2-4	3-day	\$180
June 5-7	3-day	\$150
June 8-11	4-day	\$240
June 12-15	4-day	\$240
June 16-18	3-day	\$180
June 19-21	3-day	\$150
June 22-25	4-day	\$240

Specialty Horse Sessions

In addition to the regular camp sessions of R-C Cub Adventure Camp, there will also be specialty horse programs offered this summer. Those programs are detailed in the **Specialty Sessions** section of the Leader's Guide.

	DATES	PRICE
Specialty Session 1:	June 5 – 7	\$240
Specialty Session 2:	June 12 – 15	\$270
Specialty Session 3:	June 19 – 21	\$240

Sign up for camp by April 1st and get a camp t-shirt with your registration!!

*Pricing includes programs, camping, and meals for the selected duration. Specialty Sessions also include trail rides for participants enrolled in the program. Trail rides can be purchased for individuals in 3- and 4-day sessions based on availability.

DEPOSITS, PAYMENTS, & REFUND DEADLINES

- When registering online, families can hold their registration with a non-refundable deposit of \$25 per camper when registering before March 31, 2023.
- Any registrations made after March 31st will need to be paid in full. All registrations must be paid in full by April 30, 2023.
- Registration closes two weeks prior to session start dates.
- **Due to limits regarding food and program supplies, walk-ins are not allowed at camp.**

Refunds may be given per the Council policy which is as follows:

- 0-10 days out will receive 0% reimbursement.
- 10-30 days out will receive 50% reimbursement.
- 31+ days out will receive 100% reimbursement.

All deposits are non-refundable.

ARRIVAL, STAY & DEPARTURE

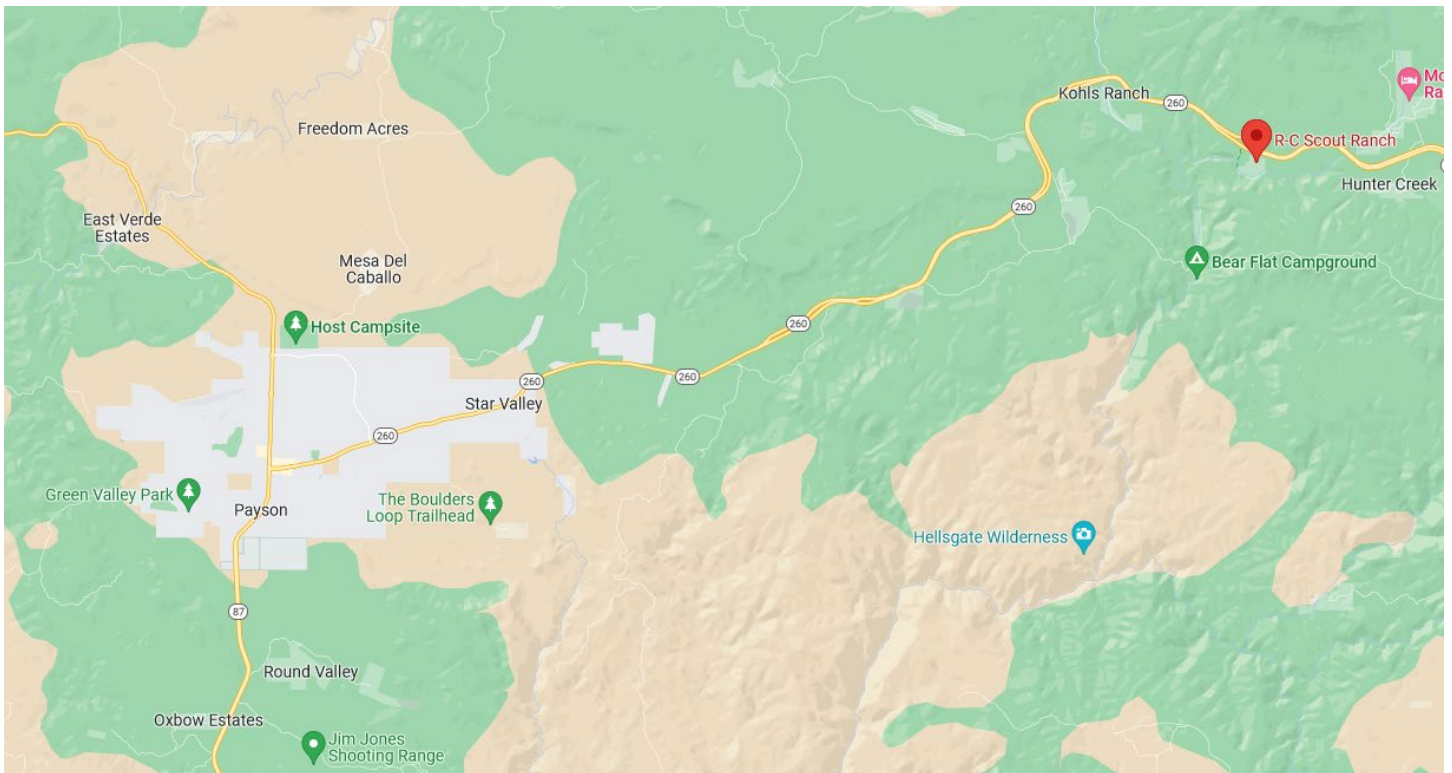
Directions, Check-in, Vehicles, Facilities, Check-out

How do we get to the R-C Scout Ranch?

Address: 19887 E, AZ-260, Payson, AZ 85541

R-C Scout Ranch is located 19.6 miles east of Payson, on the south side of Highway 260 between mile marker 271 and 272 at 34.310236, -111.051858.

Drive time from Phoenix, Flagstaff, or Prescott is about 2 - 2.5 hours.



How should we prepare for check-in?

Check-in will begin at 9:00 AM on Day 1. Upon arrival you will be greeted by camp staff at the gate who will direct you to the parking lot.

All those in attendance at camp are **required** to bring a completed [medical form](#) (**Parts A, B, and C required**). R-C is considered a long-term camp, so the normal 72 hour rule for medical forms does not apply here. Don't forget to attach a copy of the family health insurance card.

There will be a camp-wide orientation and tour following registration and camp setup.

What do we do with vehicles during camp?

All vehicles will be parked in the lot located on the north end of camp. After checking in, you may then go get your vehicle, drive to your designated campground to drop off gear (Max of 15 minutes), then return your vehicle to the North parking lot. After checking out on Monday, you will be able to drive your vehicle back to your campground to load your items.

At Scout camp, please back all vehicles into spaces to expedite evacuation in the event of an emergency.

What are the facilities and where will we camp?

Each campsite features access to a latrine (vault toilet), washstand, and running water. Trash disposal is available at the camp dumpster. You may be sharing your campsite with other units or families. Campers are required to provide their own tents and gear.

NEW FOR 2023 – RENT A TENT

Leave the big gear at home! Rent a tent and cots for your stay at camp – we will have them available for you at check in. Rental includes a tent and 2 cots. Set up with your unit/family and enjoy your session in style!! **\$25 ADD ON at registration.**

Campsite Assignment

Campsites will only be assigned upon your arrival to camp, and not before. Where possible, participants from the same Pack will be assigned to the same campsite. To assist with these assignments, please be sure to include your Pack number during registration.

Camp Site Cleanliness

Participants are responsible for keeping their campsite clean during their stay. Once the site trash can is full, please take it to the dumpsters behind the dining hall and replace the bag with a liner from the campsite box.

Camper Cleanliness

Don't forget, "A Scout is Clean", make sure each camper washes their hands frequently, especially after using the restroom and both before and after activities and meals. A shower house is available on site. Hygiene products are not provided but can be purchased at the trading post.

CHECK OUT

You must check-out by 9am on the final day of camp.

CAMP EXPERIENCE & PROGRAM

Experience, Schedule, Program Rotations, Evenings

Program Rotation Highlights

We will have age-appropriate activities for all Scout-aged youth who attend! Don't worry if the activity is not for your Scout's specific age group at a specific time. Each activity will have something for all Scouts. Campfire, songs, games, and free time will be included for everyone!

Horseback Riding - \$30 Add On

In 2023 we will have a limited number of trail rides available to our 3- and 4-day session participants for an additional program fee. Number of available slots is based on the number of horses we have available during the session. Make sure to sign up ahead of time (at registration is best) to ensure you get a trail ride experience with your Scout.

All riders are subject to the following regulations:

- According to the current version of [The Guide to Safe Scouting BSA](#), only youth in second grade or above may go on the trail ride.
- Youth younger than second grade may be able to go on a guided pony ride with an accompanying adult. This means the adult chaperone will not get to go on a ride of their own.
- If you miss your scheduled time, rides will not be rescheduled.
- Rides may be canceled due to weather or other safety related circumstances.
- Helmets will be provided & required for all riders.
- Riders are NOT allowed to wear hiking boots with heavy tread due to difficulty getting in & out of the stirrups. No sandals or open toed shoes allowed for safety reasons. Tennis shoes or similar shoes are preferred.
- Riders MUST wear long pants.
- The horses are chosen by the Equestrian Director for size & temperament to suit the rider.
- No one over 260 pounds will be allowed to ride.

Shooting Sports

During program rotations all Campers will have the opportunity to participate in shooting sports (BB, Slingshot, and Archery). The current version of [The Guide to Safe Scouting BSA](#) states that only Tiger and above are allowed to shoot BB guns. All campers may participate in archery and slingshots.

Safety is our primary focus in these areas. Always follow range rules and request permission from the Range Master prior to entering the range by shouting, "Range Master! May we please enter the range?"

- **DO NOT BRING** any personal archery equipment to camp!
- **DO NOT BRING** any personal firearms or ammunition of ANY type or caliber to camp! This includes airsoft, BB, paintball, or other "projectile" devices.

Nature

During program rotations, campers will be exposed to the principles of conservation, the outdoor code, and activities that enhance their appreciation of and methods to protect nature. They will learn about local native plants and animals.

Free Time

There are numerous opportunities for Campers to explore camp and our program areas during free time. Campers may choose to shoot, fish, catch crawdads, use the sports equipment, visit the trading post, complete the shooting sport pin requirement class, Father's Day craft station, adult leader training, nap time, shower time, whittling chip certification.

NOTE: Whittling chip is available for Bear Scouts and older.

Crawdads

A big part of our conservation efforts at the R-C Scout Ranch includes the removal of crawdads, an invasive species found in Christopher Creek. Campers are encouraged to hunt and remove them from the creek and bring them to the collection point. Each session we will track the den that collects the most (by count) and the individuals who catch the largest (by length). The den and those individuals will be recognized during the campfire program on the evening of Day 3.

Campfire Ceremonies

On the evening of Day 1 and Day 3 there will be camp-wide campfires held at the campfire ring.

- Day 1 is hosted by the Staff.
- Day 3 campfire entertainment is provided by a mix of camp participants and staff.
- Campers will have till lunch on Day 2 to sign-up at the trading post to present their skits, run-ons, jokes, or stories. Every den is encouraged, but not required, to perform a campfire skit during the closing campfire.

SPECIALTY HORSE SESSIONS

Specialty horse sessions will provide 3 separate trail rides to participants during the session and will work on a Cub Scout Adventures. Participants in specialty sessions will work on fewer activities to help accommodate more time on the trail!

A list of the Adventures that will be offered during the specialty sessions will be posted on the R-C website as well as on the Facebook page no later than March 1st, 2023.

FOOD & WATER

Meals, Dietary Needs, Water

Are All Meals Provided and Can We Bring Snacks?

Meals will be provided starting with lunch and dinner on Day 1, breakfast, lunch, and dinner on Days 2 and 3, and ending with a continental breakfast on Day 4.

Additional snacks, treats and drinks are available for purchase in the Trading Post.

If participants choose to bring their own snacks and food items, they need to keep them secured in a cooler or covered plastic bin at all times. Leaving food items exposed encourages wildlife to visit, rummage, and even chew through tents/bags during day and night.

What about dietary needs and allergies?

Campers with special dietary needs, including allergies, should be **noted during the online registration process** so the proper accommodation can be made. Please ask for your food allergy card at check-in.

Is water provided at camp?

Each campsite has clean water for drinking and washing.



WHAT TO BRING

Packing List, Uniform

What should we pack?

***[Health Form A, B, & C](#)

Wearables

- Uniform - Scout shirt, pants/shorts, socks, belt, & neckerchief
- Activity shirt or Pack t-shirt
- Other BSA shirts with appropriate pants or shorts
- Loose fitting long sleeve shirt/jacket for layering for weather.
- Long pants—for hiking & horseback riding
- Underwear & socks
- Duffel to pack & store personal gear
- Theme Clothes
- Hiking boots, tennis shoes & shower shoes, as needed.
- Pajamas
- Jacket / Poncho for rain or chilly nights
- Sunglasses, if needed

Personal Gear

- Tent for Scout/Family. Camp does NOT supply tents.
- Sleeping bag with air mattress, pad, or cot
- Camp Pillow
- Camp Chair (one per Camper)
- Water Bottle
- Whistle
- Small First Aid Kit—Band- Aids, blister pads, etc.
- Money for the Trading Post
- Camera
- Hygiene kit— (toothbrush, toothpaste, comb, soap, shower supplies)
- Towel & Washcloth
- Day Pack
- Pocketknife
- Flashlight / Headlamp with extra batteries
- Compass
- Sunblock

- Insect Repellent
- Chapstick
- Pens / Pencils / Notebook
- One week supply of personal hand sanitizer
- One week supply of disinfectant wipes
- Personal reusable face mask
- Disposable gloves, if desired

What NOT to Bring to Camp!

- Alcoholic beverages or drugs
- Fireworks, matches, lighters, etc.
- Electronic Games and devices
- Open Toed Shoes - **NO FLIP FLOPS!**
- Firearms, ammunition, bows or arrows.
- Sheath Knives
- Water guns

How Often Do We Need to Wear Our Uniforms?

Field Uniforms should be worn: (Bring your own)

- During flag ceremonies and dinner
- During any worship services

What else can we wear?

You may also wear Scouts BSA, Cub Scout shirts, and pack specific shirts.

Do we get a Camp Shirt?

Each camper who registers before April 1st will receive a camp shirt upon check-in that they are encouraged to wear during camp. Shirt orders take weeks to print and deliver, so available sizes will be based on camper registration numbers; switching of sizes may be very limited. The Trading Post will also sell camp and BSA shirts for campers to purchase.



TRADING POST

Is there a Trading Post?

R-C Scout Ranch has a full-service Trading Post filled with clothing, souvenirs, camp essentials, snacks, drinks, and treats. Scouts love the Trading Post, so it is encouraged they bring with them some spending money. We often get asked how much to bring. Across our Council Camps, campers average between \$40 and \$80 spent at the Trading Post.

Want to go Crawdad fishing? We have the supplies available for purchase. Crawdad kits for \$8.00 includes: net, bucket, 1 beef stick bait, and a skewer.

PATCHES

NEW FOR 2023 – To help us better manage our inventories and purchasing for this camp season patches can be ordered at the time of registration (if desired). Order as many as you like, and we will have them available for you at check in on your first day of camp!! **\$3/patch ADD ON**

PARENT, GUARDIAN AND/OR LEADER ROLE

What is my role as a parent, guardian, and/or leader?

The aims of the Cub Scouting program are living the ideals of Scouting, belonging to a den, advancement, family involvement, activities, serving the community, and the uniform.

Your role as a parent, guardian, or leader during camp is to be a guide and mentor to the youth. Your

job is to step back and let the youth try out their wings in a safe, secure environment. Encourage them to work together as a team, to develop leadership skills and build confidence, emphasizing their Den as a team.

You will accompany the youth and are expected to pitch in and assist where needed so all youth can complete the activity during the time allotted. Staff will direct where they need you to help.

Adults get to have fun and participate too. Adults will get their own supplies for creating crafts, activities, and shooting sports.

Accompanying the youth during free time is required except where indicated. All Scouts must always follow the buddy system.

COUNSELOR IN TRAINING PROGRAM

Designed for youth ages 14 & 15

The Counselor in Training (CIT) program is geared to prepare youth, age 14-15, to be highly qualified camp staff. It offers younger Scouts the chance to see what it takes to put on an excellent summer program while also gaining resume-worthy skills based on the Scouts BSA program.

CITs will spend part of their days in fun, dynamic instruction which utilizes leadership skills inspired by Wood Badge and NYLT and teaching and training modules developed by professional teachers. The other part of their days they will have the opportunity to apply those skills while working in program areas with older youth staff and program area adult mentors to teach them what it takes to be future Camp Counselors and staff.

In every session, the CIT group will function as a patrol, with the CIT director reinforcing scouting methods and enabling the youth to have real leadership opportunities as they grow together learning about communication, goal setting, team building, and personal accountability. CIT's will be challenged to "reach higher" to get to know themselves and how capable they can be in every setting. While the CIT program runs the entirety of the R-C resident camp season, they will have plenty of opportunities for games and special activities during their stay.

Counselors in Training do not need an accompanying adult and will be staying in camp housing. The fee is \$400 and covers all meals, training materials, and fun during their stay at camp.

CIT requirements:

- Age 14-15 (16 and up should apply as camp staff)
- Able to stay for all sessions of R-C resident camp
- Current BSA registration and up to date health forms

Spaces are very limited! If you are interested in becoming the next generation of amazing Counselors in Training, please apply through the link on the website, www.r-cscoutranch.org, or by emailing the director, at rcscoutcamp@gmail.com.

HEALTH & SAFETY

Youth Protection, Health Lodge, Medical, Animals



What About Health and Safety?

The safety of all camp participants is our highest concern and priority. While every effort is made to ensure the health and well-being of all participants, guardians are ultimately responsible for the youth in their care. In the event of any emergency, the Camp Director and/or Camp Health Lodge Staff should be contacted immediately.

Youth Protection

All parents, leaders, and adults must understand and follow the Guide to Safe Scouting and Youth Protection guidelines of the Boy Scouts of America. Each adult in attendance at camp **must** complete the BSA Youth Protection Training before arriving at camp.

Health Lodge and Medical Issues

Trained medical staff will always be onsite during camp. All first responders as well as basic first aid should be directed to the Camp Health Lodge Staff. Any prescribed medications regularly taken by participants **MUST** be brought to camp as only basic pain relievers & antibiotic ointments will be available. **All prescription medications must be checked in at the Health Lodge during registration.** Most importantly, if you or any of your family attending camp become sick when it is time to come to camp—please stay home and make sure that they get well.

Medical Forms

All participants, regardless of age, are required to submit the [Official BSA Medical Form, parts A, B, & C](#) at check-in. These forms will be returned during check-out.

Pets, Animals & Wildlife

Service Animals are permitted in camp only with a signed Service Animal Agreement from the council offices. **NO** pets are allowed at camp. Please respect the wildlife around us and **DO NOT** approach, feed, touch, or disturb them in any way. If you have an encounter with any wild animal that appears dangerous, please report the incident to the Camp Director immediately.

CODE OF CONDUCT

What Should We Know About Behavior and Code of Conduct?

All camp participants should follow and live the Scout Oath, Law, and the Outdoor Code. Remember to “leave it cleaner than you found it”, that “crossing” or “cutting” through campsite or program areas is not allowed, and that we should always “lead by example”.

Additionally, each adult should read and agree to follow the [BSA Scouter Code of Conduct](#).

Smoking and Vaping

Smoking or vaping is only allowed in your car with the windows rolled up. Additionally, please **DO NOT** smoke or vape in front of youth participants or staff.