

MAUBILA SUMMER EXPRESS



LEADER GUIDE

Mobile Area Council
Maubila Summer Express
May 30 - June 2, 2024

**MOBILE AREA COUNCIL
INAUGURAL MAUBILA SUMMER EXPRESS
MAY 30 – JUNE 2, 2024**

LEADER GUIDE

EVENT SUMMARY

The MAC has a long tradition of camping and program excellence, which is in large part due to the excitement of our youth and the wisdom and experience of our unit leaders. This is evidenced by our history of quality programming in the form of Winter Camp, District and Council Camporees, and Cub programming to name a few.

Due to the changing needs of our Scouts and our unit leaders, the Council leadership has recently concluded its efforts to reimagine the summer camping experience in our Council, and with this in mind, we are proud to announce our INAUGURAL MAUBILA SUMMER EXPRESS PROGRAM!

This abbreviated summer camping program is designed to bring together the excitement of our youth, the experience of our leadership, the strength of our OA lodge, and the electric traditions of Camp Maubila into a four-day summer camping experience unparalleled in our area!

THE BASICS

WHO: Any Scouts BSA Unit

WHAT: The inaugural Maubila Summer Express camp is a great new summer program that will provide our scouts with an outstanding Maubila summer merit badge experience during a short, 4-day window.

WHY: Maubila Summer Express is a re-envisioned summer camping experience that will allow our Scouts BSA youth to earn high-quality basic summer camp and Eagle-required merit badges during a short, 4-day window, allowing our units to continue to engage in other great programs throughout the remainder of the summer.

WHEN: Thursday, May 30 through Sunday, June 2, 2024.

WHERE: Maubila Scout Reservation
2332 Camp Maubila Road
Grove Hill, AL 36451

HOW MUCH: EARLY BIRD (BEFORE April 15) Youth: \$150/Scout, \$50/Adult
REGULAR Fee (AFTER April 15) Youth: \$175/Scout, \$60/Adult
Registration Deadline: May 15

REGISTRATION

LINK: **TBD**

EVENT SCHEDULE

At the heart of each day are INSTRUCTION PERIODS, with each period separated by a 15-minute break to allow scouts to get from one class to the next. Each daytime instruction period (PERIODS A, B & C) will last for 1 hour, which should allow ample time for most badges. The evening period (PERIOD D) will last for 1 hour and 30 minutes per period for a total of three periods. The precise merit badge schedule will be included in the following section entitled MERIT BADGE AND PROGRAM OFFERINGS. The schedule for each of the four days of Express Camp are as follows:

Day 1 – Thursday, May 30, 2024

8:00 AM	Unit Arrival & Check-in (Eagle Room) Campsite Set-up
11:45 PM	Lunch
1:00 PM	PERIOD A
2:00 PM	Break
2:15 PM	PERIOD B
3:15 PM	Break
3:30 PM	PERIOD C
4:45 PM	FREE TIME! Free Swim & Free Boating (LAKE)! Free Shooting (RIFLE RANGE)!
6:00 PM	Assembly/Supper
7:15 PM	PERIOD D
8:45 – 9:45PM	OPENING PROGRAM (Assemble at the Dining Hall)
10:00 PM	Quiet Time
11:00 PM	Lights out/TAPS

Day 2 – Friday, May 31, 2024

7:00 AM	Assembly/Breakfast
8:00 AM	PERIOD A
9:00 AM	Break
9:15 AM	PERIOD B
10:15 AM	Break
10:30 AM	PERIOD C
11:45 PM	Lunch
1:00 PM	PERIOD A
2:00 PM	Break
2:15 PM	PERIOD B
3:15 PM	Break
3:30 PM	PERIOD C
4:45 PM	FREE TIME! Free Swim & Free Boating (LAKE)! Free Shooting (RIFLE RANGE)!
6:00 PM	Assembly/Supper (POLARIS Scouts depart for overnigher-eat Supper on overnigher)
7:15 PM	PERIOD D
8:45 – 9:45PM	The Big Event (Sponsored by Woa Cholena Lodge, OA; assemble at the Dining Hall)
10:00 PM	Quiet Time
11:00 PM	Lights out/TAPS

Day 3 – Saturday, June 1, 2024

7:00 AM	Assembly/Breakfast (POLARIS Scouts report back from overnighter)
8:00 AM	PERIOD A
9:00 AM	Break
9:15 AM	PERIOD B
10:15 AM	Break
10:30 AM	PERIOD C
11:45 PM	Lunch
1:00 PM	Maubila Marathon ! (FLAG POLE); Scoutmaster Shoot-out (RIFLE RANGE)
2:45 PM	Break
3:00 PM	Water Carnival! (LAKE)
5:30 PM	Assembly/Supper
6:30 PM	PERIOD D
8:00 – 9:00 PM	Closing Program (Assemble at the Dining Hall)
9:15 PM	Ice Cream Social (sponsored by Woa Cholena Lodge, Order of the Arrow)
10:00 PM	Quiet Time
11:00 PM	Lights out/TAPS

Day 4 – Sunday, June 2, 2024

7:00 AM	Breakfast-To-Go (delivered to Campsites) Camp Breakdown & Clean-up
8:00 AM	Camp Check-out begins
10:00 AM	Check-out ends
10:30 AM	Staff Departs

MERIT BADGE & PROGRAM OFFERINGS

The focus of the Maubila Summer Express camp will be traditional basic Summer Camp badges, Eagle required badges, and a quality advancement program for new Scouts known as the Polaris program (which will be discussed later in this section). Merit Badges and the Polaris program will be led by adult volunteers with experience in each field in an effort to provide the best possible instruction.

Merit Badge Offerings

Scouts will be able to select up to four merit badges during the camp depending on class availability and limitations due to class size and content. As referenced in the daily schedule above, time will be allocated for merit badge and program offerings in the morning and afternoons (Periods A-C, depending on the day). A limited number of badges will be offered in the evenings during period D. Period D will also be used as a make-up period and for classes that need additional classroom time (such as handicraft badges).

Please note that most classes have been capped based on the limitation of program materials, staff limitations, space limitations and safety. Scouts and unit leaders will be notified in advance of the camp regarding any special materials, supplies or equipment needed to complete a specific merit badge.

The following is a summary of each of the merit badges that will be offered, along with any pre-requisites or age requirements, additional fees, and any classroom caps:

MERIT BADGE/PROGRAM OFFERING	PERIODS	CLASS CAP	ADD'L FEE	PRE-REQUISITE
AQUATICS				
Swimming	A, B or C	15		
Lifesaving	A, B or C	10		Swimming MB
Rowing	A, B or C	6		Swimming MB
Canoeing	A, B or C	22		Swimming MB
ECOLOGY				
Sustainability	A, B or C	25		
Environmental Science	A, B or C	25		
Forestry	A, B or C	25		
Soil & Water Conservation	A, B or C	25		
HANDICRAFT				
*Woodcarving	B or C Only	15	\$15.00	
Metalwork	A, B or C	6		12 years old
*Leatherwork	A, B or C	15	\$14.00	
*Indian Lore	A Only	25	\$14.00	
*Basketry	A, B or C	25	\$25.00	
HEALTH & SAFETY				
First Aid	A, B or C	25		
Emergency Preparedness	A, B or C	25		First Aid MB
Safety	A, B or C	25		
MAUBILA TECH				
Digital Tech	A, B or C	15		
Electricity	A, B or C	10		
Electronics	A, B or C	10		
Fingerprinting	D (Thursday Only)	None		
Graphic Design	A, B or C	15		
Photography	A, B or C	12		Cyberchip
Traffic Safety	D (Friday Only)	None		
Welding	A, B or C	12		
TRAIL TO EAGLE				
Citizenship in the Community	A, B or C	25		
Citizenship in the Nation	A, B or C	25		
Citizenship in the World	A, B or C	25		
Citizenship in Society	A, B or C	25		
Communications	A, B or C	25		
Cooking	A, B or C	25		
Personal Fitness	A, B or C	25		
Personal Management	Combined A & B only	None		14 years old
Polaris Program	A & B only and D (Friday)	None		
Scouting Heritage	A, B or C	25		
SHOOTING SPORTS				
Archery	A, B or C	10		
Rifle Shooting	A, B or C	16		
Shotgun Shooting	A, B or C	4		

* Require additional fee for the necessary craft kit; must be paid through the registration portal prior to May 15th.

The Polaris Program

The Polaris Program is designed to help younger Scouts “rank up.” Polaris scouts will spend their time in an outdoor classroom setting with experienced Scouters working on many of the Tenderfoot through First Class requirements. The program will utilize both A & B periods each day, which will allow Scouts an opportunity to take 1-2 merit badges. They will also participate in an optional overnighiter, which will be conducted on the evening of Friday, May 31. Scouts participating in the overnighiter will need to bring an overnight pack with a tent, sleeping bag, water bottle, scout book, rain gear, flashlight and insect repellent. Scouts will prepare their supper while on this excursion and will not eat in the Dining Hall that evening.

The requirements covered during the Polaris Program can be found in APPENDIX A in the back of this Leader Guide.

OA SERVICE CORPS

The Order of the Arrow, Scouting’s National Honor Society, will play a key role in the Maubila Summer Express camp. Youth Arrowmen (under the age of 21) will be given the opportunity to serve as volunteer staff for this event by becoming members of the OA Service Corps! Members of the OA Service Corps will be presented with a variety of service opportunities throughout the duration of the event, will lead Dining Hall program at mealtimes, and will plan and execute The Big Event on Friday evening, May 31. The fee for participation in the OA Service Corps will be \$50, and members will receive a special patch, a staff T-shirt, and will be allowed to use the staff cabins for lodging. They will also have limited access to merit badge programs when not engaged in service. Youth Arrowmen can apply for OA Service Corps through the regular Express Camp registration portal on page 2 of this Leader Guide.

CHECK-IN, MEDICAL FORMS & SWIM CHECKS

The goal of the camp leadership is to streamline the registration and check-in process so that the bulk of it occurs before units arrive at the camp. This streamlined process will make it easier on the Council office staff, the volunteer staff and the unit leaders, but will also allow more time for camp set-up and program on the first day of camp.

Check-in

Check in will begin at 8:00 AM on Thursday, May 30 (no early arrivals). Provided that each unit follows the Express Camp online procedures for registration (including payment, online submission of medical forms, and self-swim checks), check-in will be simple. Each unit SM and SPL will be met in the parking lot by a youth member of the OA Service Corps and an adult volunteer staff member. These staff members will in turn help them haul their gear and equipment to their assigned campsites. Each unit will be allowed to park one (1) unit trailer in their assigned campsite for the duration of the camp (please note that once the trailer has been parked, the towing vehicle must be removed from the campsite). These trailers can be moved into the campsite by the unit. If assistance is needed to move the unit trailer into the campsite, simply ask your assigned volunteers upon arrival.

Medical Forms

Due to the duration of the Express Camp, all Scouts, Leaders and Staff will be required to submit Parts A, B & C of the BSA's annual Health and Medical Record form. This form can be found at the following link:

[BSA Health & Medical Form \(Parts A B & C\)](#)

A subsequent email will be sent to all unit leaders with a link that can be used to submit medical forms to the Council, which will in turn be reviewed by the Express Camp medical team prior to arrival. If needed, our medical team will reach out directly to parents and unit leaders with any specific questions or issues prior to arrival. The deadline for the submission of medical forms will coincide with the registration deadline for the camp on Wednesday, May 15.

Swim Checks

The Aquatics staff is working to coordinate access to pools in Mobile and Baldwin Counties, which will allow units to conduct their own swim tests prior to arrival at the camp. This will save a great deal of time that can be dedicated to camp set-up and program. Units can also organize their own swim checks, provided if they meet all SAFE SWIM DEFENSE requirements prior to conducting their own. This information must be certified by the Scoutmaster and should be provided in advance of the Camp prior to the May 15th registration deadline. More information will follow.

Camp T-shirts

Each Scout, Leader and Staff Member will have the opportunity to purchase a camp T-shirt through the registration portal prior to the May 15th registration deadline. The cost will be \$15.00. More information will follow.

Final Thoughts...

More information will follow related to health form submission, online medical re-checks, swim checks, and T-shirts. For administrative questions related to registration, payment, et cetera, please contact Mary Phillips, Council Registrar, at the Council Office at 251.476.4600. For program questions, please contact the Maubila Summer Express Camp Director, Jim Alexander, at jamesmalexander3@gmail.com.

**SEE YOU AT THE
INAUGURAL MAUBILA SUMMER EXPRESS CAMP
ON THURSDAY, MAY 30!!**

APPENDIX A
Polaris – First Year Camper Program Syllabus
Citizenship

Scout

1f. Repeat from memory the Pledge of Allegiance. In your own words, explain its meaning.

Tenderfoot

7a. Demonstrate how to display, raise, lower, and fold the U.S. flag.

Second Class

8a. Participate in a flag ceremony for your school, religious institution, chartered organization, community, or Scouting activity.

8b. Explain what respect is due the flag of the United States.

First Class

9c. On a Scouting or family outing, take note of the trash and garbage you produce. Before your next similar outing, decide how you can reduce, recycle, or repurpose what you take on that outing, and then put those plans into action. Compare your results.

Knots

Scout

4a. Show how to tie a square knot, two half-hitches, and a tautline hitch. Explain how each knot is used.

4b. Show the proper care of a rope by learning how to whip and fuse the ends of different kinds of rope.

Tenderfoot

3a. Demonstrate a practical use of the square knot.

3b. Demonstrate a practical use of two half-hitches.

3c. Demonstrate a practical use of the taut-line hitch.

8. Describe the steps in Scouting's Teaching EDGE method. Use the Teaching EDGE method to teach another person how to tie the square knot.

Second Class

2f. Demonstrate tying the sheet bend knot. Describe a situation in which you would use this knot.

2g. Demonstrate tying the bowline knot. Describe a situation in which you would use this knot.

First Class

3a. Discuss when you should and should not use lashings.

3b. Demonstrate tying the timber hitch and clove hitch.

3c. Demonstrate tying the square, shear, and diagonal lashings by joining two or more poles or staves together.

3d. Use lashings to make a useful camp gadget or structure.

Camping/Cooking

Tenderfoot

1a. Present yourself to your leader, prepared for an overnight camping trip. Show the personal and camping gear you will use. Show the right way to pack and carry it.

1b. Spend at least one night on a patrol or troop campout. Sleep in a tent you have helped pitch.

1c. Explain how you demonstrated the Outdoor Code and Leave No Trace on campouts or outings.

2a. On the campout, assist in preparing one of the meals. Tell why it is important for each patrol member to share in meal preparation and cleanup.

2b. While on a campout, demonstrate the appropriate method of safely cleaning items used to prepare, serve, and eat a meal.

2c. Explain the importance of eating together as a patrol.

Second Class

1b. Recite the principles of Leave No Trace from memory. Explain how you follow them on all outings.

First Class

1b. Explain the potential impacts of camping, both on the environment and on other outdoor users.

Explain why the Outdoor Code and Leave No Trace principles are important for protecting the outdoors.

2a. Help plan a menu for one of the above campouts that includes at least one breakfast, one lunch, and one dinner, and that requires cooking at least two of the meals. Tell how the menu includes the foods from MyPlate or the current USDA nutritional model and how it meets nutritional needs for the planned activity or campout.

2b. Using the menu planned in First Class requirement 2a, make a list showing a budget and the food amounts needed to feed three or more youth. Secure the ingredients.

- 2c. Show which pans, utensils, and other gear will be needed to cook and serve these meals.
- 2d. Demonstrate the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables, and other perishable food products. Show how to properly dispose of camp garbage, cans, plastic containers, waste water, and other rubbish.

Swim/Water

Second Class

- 5a. Tell what precautions must be taken for a safe swim.
- 5b. Demonstrate your ability to pass the BSA beginner test: Jump feetfirst into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.
- 5c. Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects.
- 5d. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible. Explain why and how a rescue swimmer should avoid contact with the victim.

First Class

- 6a. Successfully complete the BSA swimmer test.
- 6b. Tell what precautions must be taken for a safe trip afloat.
- 6c. Identify the basic parts of a canoe, kayak, or other boat. Identify the parts of a paddle or an oar.
- 6d. Describe proper body positioning in a watercraft, depending on the type and size of the vessel. Explain the importance of proper body position in the boat.
- 6e. With a helper and a practice victim, show a line rescue both as tender and as rescuer. (The practice victim should be approximately 30 feet from shore in deep water.)

Navigation/Weather

Tenderfoot

- 5a. Explain the importance of the buddy system as it relates to your personal safety on outings and where you live. Use the buddy system while on a troop or patrol outing.
- 5b. Describe what to do if you become lost on a hike or campout.

5c. Explain the rules of safe and responsible hiking, both on the highway and cross-country, during the day and at night.

Second Class

3a. Demonstrate how a compass works and how to orient a map. Use a map to point out and tell the meaning of five map symbols.

3c. Describe some hazards or injuries that you might encounter on your hike and what you can do to help prevent them.²

3d. Demonstrate how to find directions during the day and at night without using a compass or an electronic device.

First Class

4a. Using a map and compass, complete an orienteering course that covers at least one mile and requires measuring the height and/ or width of designated items (tree, tower, canyon, ditch, etc.).

4b. Demonstrate how to use a handheld GPS unit, GPS app on a smartphone, or other electronic navigation system while on a campout or hike. Use GPS to find your current location, a destination of your choice, and the route you will take to get there. Follow that route to arrive at your destination.

5a. Identify or show evidence of at least 10 kinds of native plants found in your local area or campsite location. You may show evidence by identifying fallen leaves or fallen fruit that you find in the field, or as part of a collection you have made, or by photographs you have taken.

5b. Identify two ways to obtain a weather forecast for an upcoming activity. Explain why weather forecasts are important when planning for an event.

5c. Describe at least three natural indicators of impending hazardous weather, the potential dangerous events that might result from such weather conditions, and the appropriate actions to take.

5d. Describe extreme weather conditions you might encounter in the outdoors in your local geographic area. Discuss how you would determine ahead of time the potential risk of these types of weather dangers, alternative planning considerations to avoid such risks, and how you would prepare for and respond to those weather conditions.

Tools/Fire/Outdoor Code/LNT

Scout

1e. Repeat from memory the Outdoor Code. List the seven principles of Leave No Trace. Explain the difference between the two. (223-224)

5. Tell what you need to know about pocketknife safety and responsibility. (379-381)

Tenderfoot

3d. Demonstrate proper care, sharpening, and use of the knife, saw, and axe. Describe when each should be used. (378-387)

Second Class

2a. Explain when it is appropriate to use a fire for cooking or other purposes and when it would not be appropriate to do so.

(303-304, 387)

2b. Use a pocketknife, and a saw or axe if needed, to prepare tinder, kindling, and fuel wood for a cooking fire. (389)

2c. Using a minimum-impact method, and at an approved outdoor location and time, use the tinder, kindling, and fuel wood

from Second Class requirement 2b to demonstrate how to build a fire. Unless prohibited by local fire restrictions, light the fire.

After allowing the flames to burn safely for at least two minutes, safely extinguish the flames with minimal impact to the fire site. Properly dispose of the ashes and any charred remains. (388-391)

2d. Explain when it is appropriate to use a lightweight stove and when it is appropriate to use a propane stove. Set up a lightweight stove or propane stove. Light the stove, unless prohibited by local fire restrictions. Describe the safety procedures for using these types of stoves. (303-304, 392-393)

First Class

1b. Explain the potential impacts of camping, both on the environment and on other outdoor users. Explain why the Outdoor Code and Leave No Trace principles are important for protecting the outdoors. (233-234)

Totin' Chit Requirements

This certification grants a Scout the right to carry and use woods tools. The Scout must show their Scout leader, or someone designated by their leader, that the Scout understands their responsibility to do the following:

1. Read and understand wood tools use and safety rules from the Scouts BSA handbooks. (38-383)
2. Demonstrate proper handling, care, and use of the pocketknife, axe, and saw.
3. Use knife, axe, and saw as tools, not playthings.
4. Respect all safety rules to protect others.

5. Respect property. Cut living and dead trees only with permission and good reason.
6. Subscribe to the Outdoor Code.

The Scout's "Totin' Rights" can be taken away if they fail in their responsibility.

Firem'n Chit Requirements

This certification grants a Scout the right to carry fire-lighting devices (matches, lighters, etc.) to build campfires. The Scout must show their Scout leader, or someone designated by their leader, an understanding of the responsibility to do the following:

1. I have read and understand use and safety rules from the Scouts BSA Handbook.
2. I will build a campfire only when necessary and when I have the necessary permits (regulations vary by locality).
3. I will minimize campfire impacts or use existing fire lays consistent with the principles of Leave No Trace. I will check to see that all flammable material is cleared at least 5 feet in all directions from fire (total 10 feet).
4. I will safely use and store fire-starting materials.
5. I will see that fire is attended to at all times.
6. I will make sure that water and/or a shovel is readily available. I will promptly report any wildfire to the proper authorities.
7. I will use the cold-out test to make sure the fire is cold out and will make sure the fire lay is cleaned before I leave it.
8. I follow the Outdoor Code, the Guide to Safe Scouting, and the principles of Leave No Trace and Tread Lightly!

The Scout's "Firem'n Rights" can be taken away if they fail in their responsibility.

First Aid

Tenderfoot

4a. Show first aid for the following:

- Simple cuts and scrapes
- Blisters on the hand and foot
- Minor (thermal/heat) burns or scalds (superficial, or first-degree)
- Bites or stings of insects and ticks
- Venomous snakebite
- Nosebleed
- Frostbite and sunburn

- Choking

4b. Describe common poisonous or hazardous plants; identify any that grow in your local area or campsite

location. Tell how to treat for exposure to them.

4c. Tell what you can do while on a campout or other outdoor activity to prevent or reduce the occurrence of injuries or exposure listed in Tenderfoot requirements 4a and 4b.

4d. Assemble a personal first-aid kit to carry with you on future campouts and hikes. Tell how each item in the kit would be used.

Second Class

6a. Demonstrate first aid for the following:

- Object in the eye
- Bite of a warm-blooded animal
- Puncture wounds from a splinter, nail, and fishhook
- Serious burns (partial thickness, or second-degree)
- Heat exhaustion
- Shock
- Heatstroke, dehydration, hypothermia, and hyperventilation

6b. Show what to do for “hurry” cases of stopped breathing, stroke, severe bleeding, and ingested poisoning.

6c. Tell what you can do while on a campout or hike to prevent or reduce the occurrence of the injuries listed in Second Class requirements 6a and 6b.

6d. Explain what to do in case of accidents that require emergency response in the home and backcountry. Explain what constitutes an emergency and what information you will need to provide to a responder.

6e. Tell how you should respond if you come upon the scene of a vehicular accident.

First Class

7a. Demonstrate bandages for a sprained ankle and for injuries on the head, the upper arm, and the collarbone.

7b. By yourself and with a partner, show how to:

- Transport a person from a smoke-filled room.
- Transport for at least 25 yards a person with a sprained ankle.

7c. Tell the five most common signals of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR).